



## It's The BIG TEST Success NO PANIC PLAN!

If you get to a question on the FCAT that you don't know...

### **Don't Panic!**

Just follow the plan.

1. Take two slow deep breaths in through your nose and out through your mouth.
2. Read the question very carefully.
3. Read all of the choices very carefully.
4. Pay attention to CAPITALIZED and **bold** words and any pictures, charts, graphs or captions you see.
5. If you still don't know the answer, take an educated guess!  
You can probably cross off two answers that you know aren't correct. Now there are just two answers to pick from. Your chances are much better.

### Remember to **TRY PIE!**

**T**ake a Deep Breath

**R**elax

**Y**es! I can do it!

**P**ositive attitude

**I**s

**E**verything!

Tip #1: Answer all the questions you know, first. Skip the ones you don't know and come back to them later.

Tip #2: Use all of your time. Go back and check your work if you finish early.



*BIG TEST Success was created by Riley Roam and Kenny Mikey of Page Turner Adventures. Their iParenting Media Award Winning Series, This is ONLY a TEST! Has helped thousands of children cope with standardized Test Stress and has been seen school districts and PBS stations nationwide. Visit them at [www.BigTestSuccess.com](http://www.BigTestSuccess.com) and [PageTurnerAdventures.com](http://PageTurnerAdventures.com).*