



The BIG TEST Success Ship Shore Game!

This game is a great physical activity. There are no winners or losers (unless you want to make it competitive), but it really gets the blood (and brain!) moving. All you need is a large (empty) room or outdoor area. This game also builds listening skills.

How it Works

The “caller” yells out directions that the entire group needs to follow.

One side of the room is “Ship” the other side is “Shore” (if playing outside, use a tree, a side of a building or some other point for ship and shore).

When the caller yells “ship” everyone runs to the ship side of the room, when the caller yells “shore” everyone runs to shore.

Easy, right? But it gets a little more complicated as you add movements and directions for example:

Raise the sail: pretend to pull ropes and raise a sail

Man overboard: sit on floor and pretend to row a boat

Swab the deck: mop the floor

Hit the deck: lie down on belly

Captain’s coming: stand straight and salute

Seagulls overhead (always a favorite): duck down and cover head

Pirate: Cover one eye and says, “arggh!”

Peg Leg: Hop on one foot

Rough Seas: Rock back and forth (or look sea sick)

Tips

- Start out slowly and then get faster and faster until the kids barely have time to complete one action before moving on to the next.
- Go over the movements with the kids first, then mix them up as you call. Don’t forget to keep throwing in a ship and shore.
- Kids can help invent new movements.